

St. John Ambulance ~ OMFRC 2025

Ontario Medical First Response Competition

TEAM SCENARIO

Scenario # 6 - "Take my Breath Away" Background Scenario:



While providing medical coverage for the Grandview fair, a call comes over the radio requesting the First Aid team to go to the Food Court area. Further information provided is that someone is choking.

You have 20 minutes to complete the scenario, Good Luck!!

There will be a 3-minute warning to signify the end of the primary survey. There will also be a 2-minutes remaining signal for the team's benefit.

**THIS PAGE IS GIVEN TO TEAMS
BEFORE THE BEGINNING OF THE
SCENARIO**

LOGISTICS/JUDGES/CASUALTY SIMULATORS INFORMATION - Scenario # 6

(BACKGROUND – NOT TO BE SHARED WITH COMPETITORS)

Scenario Location: Therapy Rooms with Ceiling hooks

Scenario Info: Arriving on scene the responders find a child/adult who is wheelchair bound and is grabbing at their throat. A friend states they were eating and coughed suddenly and started to choke. **The patient will be barely able to speak, cyanosis will be apparent on their lips. After one round of back blows/abdominal thrusts the patient will go unconscious requiring CPR. After two rounds of CPR the foreign body will be removed. The patient will require artificial respiration for a period of time (2 minutes) before regaining consciousness. CPR mannequins will be used for the patient on the ground. Teams will not bring patients to the ground but can verbalize how they would if able too.**

Scenario Set Up:

- **Total number of patients:** 1 – Found in their wheelchair initially.
- **Patient #1** – Choking on a foreign body after eating, appearing in distress with obvious signs of cyanosis.
- **Scenario Props:** Wheelchair, CPR Mannequin
- **First Aid Supplies Required:** FA Kit(s), Suction, Blankets, PCR's
- **MFR Supplies:** Oxygen Kit(s)

Timing Notes:

Team handout / Scenario background to be given BEFORE the beginning of the scenario as per instructions given by radio from Control.

0 minutes – Scenario BEGINS - "GO, GO, GO."

3 minutes – for the end of the marking of "scene/primary survey"

18 minutes – 2 minutes remaining - for the team's benefit.

20 minutes – Scenario ENDS. Teams are given **5 minutes** to complete the paperwork. **25 minutes** - Paperwork ENDS. Evaluators collect PCR immediately and ensure ALL boxes are completed. Initial debrief provided (5 minutes)

Judges Marking

- items are scored as either **Completed** or **NOT COMPLETED** if Not **FULLY** completed.
- If teams continue to provide patient care (i.e.: finish tying a bandage, etc.) after time is called, that care will be counted as **NOT COMPLETED**.

JUDGES/ CASUALTY INFORMATION
Patient History Information –

You were at the fair enjoying the fun and the food. While you were eating popcorn you suddenly coughed and felt something get stuck in your throat. You were unable to clear your throat and can barely speak now. Grasping at your throat you were looking for help. **The patient will be unable to speak, and cyanosis will be apparent on their lips and face. After back blows the patient will go unconscious requiring CPR. After two rounds of CPR the foreign body will be removed. The patient will require artificial respiration for two minutes before regaining consciousness. CPR mannequins will be used when the casualty is placed on the ground.**

Complaint: Throat			
S	Pain after choking	O	Sudden
A	Bee's	P	None, just a sharp pain
M	Epipen	Q	"Sharp"
P	Paraplegic after MVC	R	None
L	Popcorn 5 mins ago	S	10/10
E	You were eating and had a coughing fit when the pain started	T	2 Minutes

Complaint: Chest			
S	Pain after CPR	O	Sudden
A	Bee's	P	None, just a sharp pain
M	Epipen	Q	"Sharp"
P	Paraplegic after MVC	R	None
L	Popcorn 5 mins ago	S	10/10
E	Pain present when you regained consciousness	T	2 Minutes

VITAL SIGNS:

	1st Set	2nd Set
LOC	Verbal	Alert
Resp.	40, Shallow & Regular	14, Full & Regular
Pulse	130 Regular-Weak	94 Regular-Weak
Skin	Pale, Cool, Clammy, Cyanotic	Warm, Pink, Wet
Pupils	4mm PEARL	4mm PEARL
BP	90/54	130/64
SpO2	80% Room Air (96% BVM/NRB)	94% Room Air (100% BVM/NRB)
GCS	9 -2 speech -3 incomprehensible sounds -1 moves to localized pain	15

Information	Casualty Simulation Required	Example
General Appearance	Appearing Pale, Cool, and Clammy with severe cyanosis on lips	